

2024 Family Handbook



Thank you for being a part of the Rippleffect



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General Information

Rippleffect Office:

159 State Street Portland, ME 04101 (**Physical**)

PO Box 441 Portland, ME 04112 (**Mailing**)

207.791.7870 (Office Phone) 207.331.3663 (Island Phone) info@rippleffect.net

Emergency Contacts:

In the event of an EMERGENCY, and you need to get in contact with your child please call the Rippleffect Island Phone.

Rippleffect Island Phone

207.331.3663

Full Time Staff

Adam Shepherd, Executive Director	adam@rippleffect.net
Casey Ross, Open Enrollment Program Director	casey@rippleffect.net
Aaron LaFlamme, Wilderness Program Coordinator	aaron@rippleffect.net
Isa Caliandro, Community Outreach Coordinator	isa@rippleffect.net
Madi Worthington, After-School and Summer Camp Coordinator	madi@rippleffect.ne
Ty Dalton, Food Service and Operations Manager	ty@rippleffect.net



Guide Staff

Every spring, Rippleffect employs up to 30 seasonal staff for our spring, summer, and fall programming seasons. Our guides range from teachers to Registered Maine Guides to Rippleffect alumni to outdoor professionals to college students and more. Prior to leading any program, guides are required to go through an intensive training and evaluation process that includes Sea Kayak training led by an American Canoe/Kayak Association certified instructor, group facilitation, and wilderness skills. All Rippleffect guides and management staff on Cow Island and Wilderness Treks have either a **Wilderness First Responder** or **Wilderness First Aid** medical certification. Our guides are trained in and practice allied-based leadership techniques.

Program Philosophy & Curriculum Topics

We believe that hands-on education in outdoor classrooms is fundamental to healthy development of individuals and communities. Our participants build confidence, self-awareness, develop critical leadership skills, strengthen relationships and grow their appreciation for the outdoors through exploration of Cow Island, the waters of Casco Bay, and the wilderness of New England.

Mission	Vision
To promote youth development and leadership through adventure, healthy communities and living sustainably.	Rippleffect envisions a Maine where youth and adults are engaged in their community, healthy in mind, body, and spirit, and sensitive to diversity in their social and natural environment.

Our Goals

- Immerse participants in experiences that will stimulate all aspects of their being.
- Challenge participant's creative problem solving abilities.
- Engage participants in activities that will push their physical limits and comfort zones.
- Facilitate the growth of mind, body and spirit.
- Invite participants to explore their inner self through solo experiences and a connection with the natural world.

Challenge By Choice

Rippleffect experiences are intended to educate, empower and provide confidence. In order for this to be effective we believe that these experiences cannot be forced on participants. Our goal is to have participants choose to explore these outcomes through challenging themselves in the way that they are most comfortable.



We thank Project Adventure for originating the concept of **Challenge by Choice:** Challenge by Choice asks that participants challenge themselves and participate fully in the experience at-hand. Recognizing that any activity or goal may pose a different level and type of challenge for each group member and that authentic personal change comes from within, Challenge by Choice creates an environment where participants are asked to search for opportunities to stretch and grow during the experience.

Participant Behavioral Expectations

Program Readiness Skills

- Participants must be willing and able to spend the entirety of the day outside including during rain (severe weather conditions will result in moving programming indoors).
- Participants must be able to participate independently, or with reasonable accommodations/modifications that do not conflict with the program structure.
- Participants must be able to respect the public land and facilities that we use during our programming. This includes following the 7 Leave No Trace Principles.
- Participants must be able to take and follow directions and instructions from guides.
- Participants must interact and participate in a manner that is physically and emotionally safe for themselves and others.
- Participants must be able to advocate for personal care.
- Participants must respect others (listening and following directions; using appropriate language; keeping hands and feet to self).
- Participants must maintain self-control (anger management).

Cow Island 5 and Rippleffect Rules

The Cow Island 5 are explained to every group and participant who comes to Cow Island. All participants are expected to follow these guidelines when participating in any Rippleffect program:

- 1. Everyone and everything is treated with kindness and respect.
- 2. Close-toed shoes must be worn at all times.
- 3. No running unless as part of a game or guide directive.
- 4. Participants do not leave the group without telling a guide. Participants always bring a buddy with them.
- 5. Advocate for what you need, ask for help, have fun!



Additional Rippleffect Rules:

- No one goes in the water above the knees without a PFD.
- Try your best to be present, aware and apply conscientious effort to what is being asked.
- No electronics are permitted during programming, including cell phones, iPods, video games, digital cameras, etc.
- No destruction of wildlife.
- The climbing of trees or other structures is not permitted unless part of the program curriculum with proper safety precautions in place.
- Rippleffect will provide separate sleeping areas designated by gender (exceptions apply based on a participant's gender identity). In some circumstances, Rippleffect will offer a third sleeping arrangement for a student.
- Treat the composting toilets on Cow Island with respect: put the lid down after use; only bodily waste and toilet paper can be put in toilets.
- Shirts are worn at all times. Clothing doesn't have offensive or violent messages or images.
- Gentle language: Any language that is offensive or hateful takes away from the positive learning environment. This includes using identity affirming language, such as using participants' correct pronouns.
- Water is a precious resource. Treat all freshwater with care and do not waste water on the island!
- Unauthorized pets are not allowed on Rippleffect programs, or on Cow Island unless approved by Director Staff. Any pets that are present at pick-up or drop-off must be on leash and under voice control.

Behavioral Non-Negotiables:

The following behavioral policies are absolutely non-negotiable and universal for all populations in the program, including staff, visiting staff, and students. Inability to follow these non-negotiables may lead to dismissal from the program. **Participant's inability to follow these non-negotiables will result in immediately contacting management.**

- **<u>Theft</u>**: Blatant, unequivocal theft will not be tolerated.
- <u>Severe Threat of Bodily Harm and Property:</u> Violence towards staff or other participants will not be tolerated, including hard hitting, biting, spitting, kicking. No weapons of any kind will be permitted. Participants are not allowed to have knives. Participants must not run out of sight of the guides, or leave the program location. Destruction of Rippleffect property and equipment will not be tolerated.
- **Drugs, Alcohol and Tobacco:** Drug, alcohol, tobacco, and E-cigarette use is not permitted during youth programs, and is grounds for immediate dismissal from programming.
- <u>Sexual Behavior</u>: Sexual activity, sexual language, and sexual harassment will not be tolerated.
- <u>Emotional Safety:</u> Rippleffect has a zero-tolerance policy on bullying and harassment. We value the emotional safety of our entire community. We promote a culture of inclusion by using kind and affirming language, and practice acceptance of all individuals. Bullying



or harassment of any kind are not permitted. This includes derogatory comments or making fun of the individual/individual's family, national origin, religion, sexuality, ethnicity, disabilities, sexual orientation, gender-identity, gender expression, or appearance. Any severe violation of emotional safety is grounds for immediate dismissal. No verbal threats or intolerance of others' differences will be tolerated.

If a continued behavioral situation arises, Rippleffect follows these steps* (except in the event of non-negotiables):

Step 1: Rippleffect staff will have a conversation with the offending participant(s) to explain exactly what the problem is, and to reinforce and remind them of behavioral expectations.

Step 2: Rippleffect staff will give the participant(s) a verbal warning of further consequences if behavior continues, accompanied by a notification to guardians of the behavior. Effective strategies for mitigating continuing behavioral problems may include temporary separation from the group, mediating conflict between participants, or one on one conversation with management staff.

Step 3: If behavior continues, the parent/guardian will be contacted and the participant will be dismissed from the program. Rippleffect staff may remove a participant from program activities. If the behavior is corrected, the participant may return to the program at the discretion of Rippleffect management.

*In the event of a serious allegation (i.e. abuse, assault, ect.) Rippleffect will mitigate the impact on the accuser and/or a given group by limiting contact with the accused, while a full inquiry of the situation can be made to determine what occurred. Notification will be made to the parents of those involved and depending upon the severity of the situation, Rippleffect reserves the right to immediately remove the offending participant(s) from the program.

Content Area Overview

- Sea Kayaking: Fundamental technical paddling skills, judgment and decision-making, coastal navigation, winds and tides, expeditionary exploration.
- Environmental Education: Coastal ecosystem studies, organic gardening, monitoring invasive species and managing island conservation zones through service learning projects.
- **Outdoor Living:** Wilderness camping and cooking skills, appropriate clothing layering techniques, nutrition, hygiene, and general life skills critical to surviving and thriving in an outdoor environment. Special emphasis is placed on Leave No Trace minimal impact principles.
- Leadership Development: High and low challenge course elements, rock climbing wall, group initiative activities, and challenge games that cultivate skills in conflict resolution, small group problem solving and communication. Activities focus around 3 tiers of leadership: self, peer and community.



- Arts & Creativity: Music, improvisational theater, storytelling, and environmental art.
- **Spirit:** Helping students find a place of centered peace and comfort in their own solitude. Yoga, solos, journaling and group reflections are critical aspects of all of our youth programs.



Transportation

Ocean Based Programs

For the 2024 season, participants will leave from the Rippleffect Dock and ride Rippleffect boats and Fogg Water Taxi boats to get to Cow Island. Ocean based programs will meet at the Ocean Gateway Terminal located at <u>14 Ocean Gateway Pier</u>, <u>Portland</u>, <u>Maine 04101</u>. Rippleffect and Fogg Water Taxi boats are operated by a licensed boat captain and we adhere to all Coast Guard regulations for transporting passengers. **Students ages 10 and under must wear a properly fitting personal floatation device (PFD) on board a water taxi.** The boat captain will address boat procedures relevant to the boat, weather, and other pertinent information to the group. Rippleffect staff are trained as deckhands and will enforce all boat travel policies, procedures and safety measures.

Directions to Rippleffect Dock-49 Thames St, Portland, ME

- 1) From I-295, take the Franklin St exit towards Congress St / Downtown.
- 2) Proceed on Franklin St all the way to the end.
- 3) At the final light, turn left onto Commercial St.
- 4) Stop and proceed straight through the India St intersection, onto Thames St
- 5) Continue down Thames St. and the Ocean Gateway Terminal will be on your right.

Parking Information

Rippleffect does not have a parking lot available for our staff or participants, however, there is plenty of parking available in nearby parking garages, city lots, and on street parking near Fore Street/the East End. Below is information about the parking available in the area.

Please park your vehicle before picking up or dropping off your child if possible to prevent traffic build up during our pick-up and drop-off times.

- If nearby parking is unavailable, please proceed to the turn-about at the Ocean Gateway where staff will quickly check your child in.
- On Street Parking
 - Metered and hourly parking is available along Thames St, Commercial St, and other surrounding streets. Payment for metered parking is only required from 9am-6pm, Monday-Saturday.
 - There is free parking available on the east side of Fore St (past Mountfort St), and in the surrounding areas.
- Casco Bay Parking Garage Address: 54 Commercial St, Portland CREDIT OR DEBIT ONLY



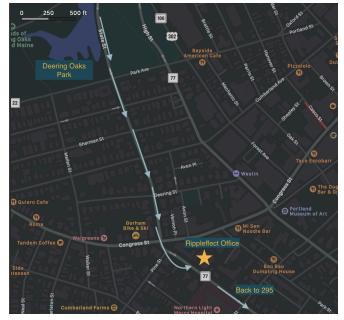
• Thames St Lot Address: Thames St, Portland CREDIT OR DEBIT ONLY

Mountain Based Programs

For the Summer 2024 season all mountain based programs will be leaving from the Rippleffect Office.

Directions to Rippleffect Office

Campers will be dropped off at our physical office - **159 State Street, Basement level, Portland, Maine 04101**. If coming from the highway, take exit 6A on Forrest Avenue. Take a right - you will see Deering Oaks Park Pond to your right. Keep straight all the way up State Street, once you go through the Congress St intersection at the top of State Street, our office is on the left, inside the State Street Church. State Street is ONE WAY. One of our guides will be outside at the gate to greet you.



Pick-Up Considerations

- Times and locations will vary based on your program.
- Before dismissing a participant from a program, guides will identify the person picking up the participant and have a verbal and written sign-out process.
 - Persons picking up who are not on the sign-out sheet must be confirmed by the office or program manager before dismissing the participant.
- Rippleffect staff will remain with participants until they are picked up by the appropriate person.
- If a guardian is late, or does not show, the guide will call the contacts listed on the participant's health form and notify the program manager.

Important Pick-up and drop-off notes for parents

• **Please note:** All pick-up times are based on marine transportation and weather conditions. We will do our best to honor these times. Please be prepared to pick up your child by the time listed on our website and in the program confirmation email.



• Should transportation be delayed due to weather, Rippleffect will contact you as soon as possible via email and text notifications (opt-in through the parent dashboard) and continue updating you regarding participant arrival time.

Rippleffect Van Transportation Safety Rules

- Vehicles are loaded within the passenger seating limit as established by the vehicle manufacturer.
- While the vehicle is in motion all passengers must remain seated and wear seat belts / booster seats (per weight and height regulations).
- Passengers will adhere to Rippleffect's community norms while on the bus. This includes being kind and respectful of other passengers and Rippleffect guides.
- In the event of an emergency passengers will follow the directive of Rippleffect guides to safely exit the vehicle.

Emergency Transportation

In the event of an emergency, Rippleffect can transport participants off island and arrive in Portland within 15 minutes. Rippleffect has an established relationship with local emergency medical agencies and if a situation dictates it, staff will call 911 for an ambulance to meet the boat in Portland and/or contact the Portland Fire Department/Coast Guard to assist with an incident.

Should an emergency occur involving your child, you will be contacted as soon as possible by Rippleffect management staff.

Please note, Rippleffect has an extensive response plan to emergencies and conducts a review of these plans and conducts simulation training to ensure we are prepared in the event of an incident. You have chosen an organization that takes this part of what we do *very* seriously and we are committed to providing all of our participants with a safe, fun, and positive life-changing adventure!

Absences, Late Arrivals & Early Pickups

We make every attempt to follow our boat schedules and leave on time. If you are running late, please call the Rippleffect office to let us know. If your child will not be able to attend a program, or miss a day, please call the Rippleffect Island Number at 207.331.3663 to let us know they will not be attending.



If you are late arriving to the program and the boat has already left, it is your responsibility to call a water taxi to bring your child out to Cow Island. Please call us and let us know so that we can make sure our dock is clear and a space is available for another boat.

Water Taxi Information Fogg Water Taxi: 207-415-8493

We understand that schedules and life can become busy. If an appointment must be scheduled it is the family's responsibility to provide water taxi transportation and scheduling out to Cow Island. These appointments may interfere with your child's ability to participate in day paddle destinations and other activities.

Gear for Programs

- **Borrowing Gear:** Rippleffect can support participants in a variety of ways when it comes to gear and being prepared.Please let Rippleffect know in advance if your child is in need of a piece of any gear, as we have a limited amount of equipment and clothing to loan out.
- **Carrying Gear**: Remember that participants are responsible for carrying their own gear, so please pack only what can be carried. For day programs, we suggest backpacks. For overnight programs we suggest duffle bags or dry bags to hold belongings.
- Shirts & Close Toed Shoes: All participants are required to wear shirts and close toed shoes at all times. The nature of our programs require athletic style swimsuits and rash guard tops to prevent rubbing of PFDs and salt water. For a similar layer of protection we ask that close toed shoes be worn at all times.
- Cotton Clothing: Please limit cotton clothing cotton (including jeans) takes a very long time to dry and does not retain its warming properties when wet. Polyester, synthetics, nylon, fleece, and wool are all great options. Participants can bring cotton clothing to change into at the end of the day.
- **Personal Technical Gear:** Please do not feel like you need to purchase any technical gear for paddling, climbing, or backpacking. Rippleffect will provide participants with all necessary equipment. If you own personal paddling, climbing, or backpacking gear, please feel free to bring it. Before use, Rippleffect staff will give it a safety check and make sure it meets our standards.
- Lost & Found: We do have a Lost and Found, however, it is very difficult for Rippleffect to locate items that are not labeled with a participant's name on it. We try our best to return items left behind after a program, however, it is often challenging to do so when items are not labeled. If an item is left behind, please notify the Rippleffect office and we will try our best to find it and have it available for pick up at our office. Please label everything!



Gear Lists

Because specific programs have different gear needs, all gear lists are included below. Additionally, you will be sent a gear list specific to your program. Please find all of our gear lists below:

- Zephyrs and Ripples Day Camp Gear List
- <u>Waves Day Camp Gear List</u>
- <u>Classic Cow Overnight Camp Gear List (Islanders and Journeys)</u>
- Intro to Mountains Gear List
- Mountain Trek Gear List
- Paddle Trek I Gear List
- Paddle Trek II Gear List
- <u>Trippleffect Gear List</u>
- <u>Guide in Training Gear List</u>

The DO NOT Bring List

- Flip flops or open-toed shoes; we require all shoes to be closed-toed.
- Any electronic equipment: digital cameras, video games, toys, cell phones, radios or iPods are not allowed.
- (E)Cigarettes, Vape Pens, Alcohol or Drugs.
- Weapons: This includes knives or any sort of item that could be considered a weapon.

Camp Living

Bathroom Facilities

Cow Island has 2 bathroom facilities consisting of 4 single stall composting toilets. Handwashing stations with running water are accessible at each bathroom facility, as well as several other stations around the island. **There are no shower facilities on Cow Island.**

While on expedition, participants will be using a variety of different facilities depending on their campsite location. These may include outhouses/pit toilets, wag bags, or cat holes. At each campsite, Rippleffect guides will ensure that each participant has privacy and is familiar with the specific bathroom requirements of that particular location. Hygiene is a priority on Rippleffect expeditions; participants will have access to hand sanitizer and backcountry handwashing stations throughout the duration of their adventure.



Sleeping Areas

Rippleffect will provide separate sleeping areas designated by gender (exceptions apply based on a participant's gender identity). Participants may be sleeping in either wall tents, traditional camping tents, or under expedition tarps while with Rippleffect. Wall tents on Cow Island are large canvas tents set on wooden platforms that sleep twelve to fourteen people. Traditional camping tents usually sleep between two to six people. Our expedition tarps sleep between five and eight people.

Food & Water

Depending on which Rippleffect program your child is enrolled in, families may be required to pack a lunch and snacks. If your child is participating in our:

- Aucocisco Day Camps: families are responsible for providing lunch and snacks for your child each day of programming.*
- Classic Cow Overnights & Treks: If your child is participating in an expedition or overnight on Cow Island, meals and snacks will be provided. For those participants receiving food on their program, Rippleffect provides balanced meals in which we try to have as many locally sourced ingredients as possible. Our meal service starts with a Chow Circle, where the community comes together to share announcements, celebrations, and a quote.

*For the **Aucocisco Waves Day Camp**, please pack your child a lunch Monday-Thursday. For the Thursday overnight portion of the program, Rippleffect will provide Thursday dinner, and breakfast, lunch, and snacks on Friday.

What Food to Pack: We suggest packing foods that are high in protein, carbs, and fats. A morning and afternoon snack, as well as lunch, are recommended as participants are very active on Cow Island. Please note that Cow Island is <u>not</u> a nut-free island. If your child has any food allergies or dietary needs, please communicate that to us on health forms and when dropping off your child for your program. We have provided some sample snack ideas below:

Suggested Snacks		
 Dried fruits & nuts Trail mix String cheese 	Veggies & hummusJerkySnack mixes	YogurtFruitGranola bars



If your child has any significant dietary restrictions or allergies, please feel free to email our Food Service Manager, Ty Dalton, at <u>ty@rippleffect.net</u>. Rippleffect is able to accommodate many dietary restrictions and our chef has a long history of being able to make meals for a variety of different diets.

Water and Hydration: Water is accessible at all times when participating in a Rippleffect program. Rippleffect does require every participant to bring their own water bottle as we do not provide cups. Please ensure your child has a minimum of 1 water bottle, ideally 2.

Personal Flotation Device (PFD) Policy

Rippleffect programs do not specifically teach swimming skills, but swimming and wading activities are often a small part of a larger program curriculum. Participants may use swimming and wading as a means of cooling off, recreating and relaxing, practicing kayaking skills, or tide pooling.

Wading: Immersion in water between ankles and knees. Does <u>not</u> require a PFD. **Swimming**: Activity that takes place in water above knee height. <u>Does</u> require a PFD.

If a participant has their own **Type III Coast Guard approved PFD** they are welcome to bring it to their Rippleffect program. Rippleffect guides will make sure it is appropriate for the activity and nature of the program.

Health Information

Health forms are required for all participants. To complete and confirm enrollment for programs, Rippleffect requires participants to complete a health form and waiver prior to their first day of attendance. These forms can be accessed in your **parent dashboard** on Campsite.

A completed and signed medical form and waiver are REQUIRED for each participant and must be received prior to the start of the program.

Rippleffect must know any medical conditions, health problems, dietary needs, or personal emotional concerns that a participant may experience or might arise while at a Rippleffect program. This information allows us to better and more safely serve your child.



Rippleffect Medical Policies

- Guides will carry a health form from each participant in their group at all times.
- On the first day of the program, guides are responsible for discussing all medications with families. Families will give the medication to the guides working directly with their child.
- Schedule II narcotics will be placed behind lock and key on Cow Island (not on wilderness expeditions).
- Guides will keep all emergency medications readily accessible for the duration of the program. If participants have a doctor's signature, they may self administer emergency medication when appropriate under guide supervision.
- Guides are responsible for ensuring that participants take their medication based on the families/physician's written instructions. Rippleffect guides are responsible for administering and documenting medications.
- All medical information is confidential. A copy of the participant's health form is kept in the office, while a copy also goes with the guide. After the program is over all copies are placed in a confidential location. After a season is completed, all forms are boxed and placed in a semi-permanent storage space.

Health Procedures

For the health of staff, guides and participants, if a participant exhibits one of the following the participant should not be in attendance of the program:

- Vomiting/diarrhea
- Fever over 101°F
- Contagious diseases
- Lice

If a participant begins to exhibit symptoms of one of the above health concerns, or in the case of a medical emergency, the participant will be sent home immediately. If we are unable to contact a parent/guardian or emergency contact, the participant will be held in the Rippleffect Infirmary until communication and evacuation plan is made.

For any health problem, illness or injury that significantly inhibits a participants ability to participate in their program a Rippleffect guide or staff member will make a call home. These illness/injuries may include the following:

- Medical emergencies
- Fever
- Cold/Respiratory Infection
- Vomiting/diarrhea
- Prolonged headache
- Tick bites



• Soft tissue injuries (requiring more than a band aid)

The nature of any given Rippleffect program will challenge participants physically and mentally. Participants can expect to be very active and outside all day. Specific programs may have more demanding physical requirements, such as wilderness expeditions.

Overnight Wilderness Expeditions

Itinerary:

• All Rippleffect wilderness expeditions are subject to change based on weather conditions and group ability.

Communication:

- In any Rippleffect overnight backcountry wilderness expedition, communication is limited and families should not expect to hear from their children.
- It is Rippleffect policy that participants do not bring any electronics on any program.
- In an **emergency situation** where you need to get a hold of your child, please refer to our emergency contact list under "*General Information*" (*pg.3*).

Transport:

• For a Rippleffect program that requires transportation to any wilderness area for an overnight expedition, Rippleffect will use vans to transport participants and gear. Families will be required to bring their child to the Rippleffect drop off location TBD for each program.

Evacuation/Rescue:

- Rippleffect expedition guides are certified Wilderness First Responders. Rippleffect will and can perform evacuations in a wilderness setting.
- Depending on the situation, location and injury or illness, Rippleffect may need to facilitate an evacuation with support from the Coast Guard, EMS or Mountain Rescue Services.
- There can be an extra cost associated with these high risk rescues, and Rippleffect is not responsible for associated rescue fees. Rippleffect will include families in the decision making process as applicable to the situation.



Weather Contingencies

Rippleffect guides and staff are prepared daily with local weather knowledge and are proactive throughout the day by monitoring reports, radar and the sky. Due to the nature of a Rippleffect program, if any of the following three weather conditions exist, Rippleffect may alter program curriculum:

- Lightning reports or warnings;
- Severe wind
- Sustained heavy rain

If the arrival or departure time of your participant's program is affected due to weather, Rippleffect staff will notify parents/guardians via email and text message through our registration database.



Payments and Refunds

Rippleffect is not responsible for issuing refunds for missed days due to appointments, illnesses, or other reasons.

Summer Programs:

- Full refund (including \$100 deposit) for cancellations up to April 1st
- Total program payment is due by April 1st
 - If payment is not made by April 1st, Rippleffect will make 2 attempts to contact the primary parents/guardians.
 - Your child's space in the program will be forfeited if payment is not made by the stated date within Rippleffect communication, unless there has been an agreement made between Rippleffect and the primary parents.
- After April 1st the \$100 deposit is non-refundable
- After May 1st no refund is available unless Rippleffect is able to fill the space
- After June 1st no refund is available

Waitlist Information

We will contact you if an opening becomes available, and your card will only be charged once you confirm your child's enrollment in the camp. Though we can never guarantee that a space will become available, we often see spaces become available around April 1st when our deposit becomes non-refundable.

If a space becomes available in a program before June 1st, Rippleffect staff will contact each participant in the order that their waitlist request was received. Parents/guardians will then have until the date listed in the email notification to accept or decline the space before it is offered to the next person. If a space becomes available after June 1st, Rippleffect staff will email the remaining waitlisted participants and the space will be first come, first serve.

Participants who remain on the waitlist for the entirety of the 2024 summer season will be eligible for our Waitlisted Participant 2025 Priority Registration.



Continuing The Adventure!

Being a part of the Rippleffect experience is to realize what has been learned and how to continue those learnings and experiences in the future. Rippleffect would like to provide families with other resources to access the outdoors together:

- Contact us at <u>info@rippleffect.net</u> for information on future family experiences!
- Contact your local land trust and see where the trails are located near you.
- Interested in paddling more? MITA (Maine Island Trail Association) is Maine's first water trail. MITA maintains 200+ islands throughout Maine that members can have access to and camp on: <u>mita.org</u>
- Book a guided trip through Portland Paddle: <u>https://www.portlandpaddle.net/</u>
- Maine has over 1,000,000 acres of land set aside for the public to use. Check out our State Parks, and Public Reserve Lands at the Maine Bureau of Parks and Lands: <u>maine.gov/dacf/parks/index.shtml</u>

We try our best to provide insight into your adventurous day, however, due to the expeditionary nature of the program, it is challenging to capture photos and to document each experience.

- Continue being a part of the Rippleffect adventure!
- Follow us on Facebook @Rippleffect
- Follow us on Instagram @rippleffectmaine
- Check out our website at <u>www.rippleffectmaine.org</u>